

## Volunteer Role Description

<b>Role Title</b>	Meaningful Activity Volunteer
<b>Purpose of the role</b>	To take part in meaningful activities with patients to help provide diversional therapy and rehabilitation.
<b>Where</b>	<a href="#">Findlay House</a>
<b>When</b>	10am – 12pm, 1 – 3pm, 2 – 4pm, 3 – 5pm (Monday to Friday)
<b>Tasks to be undertaken</b>	<ul style="list-style-type: none"> <li>• Carry out meaningful activities 1:1 with patients, such as games, quizzes, looking at old photos, or simply chatting about old times</li> <li>• Integrate own interests, passions and hobbies into patient interactions (e.g. passion for football, music, or history)</li> <li>• Support the setup and delivery of group activities organised by Activity Coordinators/Occupational Therapists</li> <li>• Take part in group activities organised by Activity Coordinators/Occupational Therapists such as arts &amp; crafts, movies, listening to music, singsongs, and bingo</li> <li>• Ad-hoc tasks as directed by the ward staff</li> <li>• <b>Optional:</b> Accompany patients for walks in the garden or surrounding areas as directed by ward staff (with additional training)</li> </ul>
<b>Tasks <u>not</u> to be undertaken</b>	<ul style="list-style-type: none"> <li>• Providing any medical care</li> <li>• Providing any personal care</li> <li>• Assisting patients with meals</li> <li>• Manual Handling of patients</li> </ul>
<b>Skills, Attitudes and Experience needed</b>	<ul style="list-style-type: none"> <li>• Friendly, confident, and good at starting conversations</li> <li>• Willing to bring enthusiasm to the role and be a self-starter</li> <li>• Non-judgemental, empathetic, and understanding</li> <li>• Patient, and sensitive to the needs of patients</li> <li>• Reliable, punctual, and committed</li> <li>• Ability to adhere to confidentiality</li> <li>• Ability to adhere to all health and safety and fire regulations and co-operate with the NHS in maintaining good standards of health and safety</li> </ul>
<b>Support/Supervision</b>	Voluntary Services Manager (VSM) and Ward Staff.
<b>Mandatory training</b>	<ul style="list-style-type: none"> <li>• Induction training</li> </ul>
<b>Additional training (optional)</b>	<ul style="list-style-type: none"> <li>• Wheelchair Manoeuvrability</li> <li>• Small Talk and Communication</li> </ul>
<b>Expenses</b>	Agreed out of pocket expenses which are incurred when carrying out this volunteer role will be reimbursed in line with the NHS Lothian volunteer expenses policy and signed off by the VSM.
<b>How to apply / what happens next</b>	Application Form, Informal interview, Training, Occupational Health Check, Disclosure/PVG.
<b>Created, by whom</b>	Ross Lamb <span style="float: right;">February 2023</span>